



East Beaumaris Preschool
Tel: (03) 9584 9574

february 2011 NEWSLETTER

YOUR PRESIDENTS REPORT

Welcome to East Beaumaris Preschool!!

This is a very exciting year for all of us as we start a new kinder year! The enthusiasm, trepidation and overwhelming eagerness of our 3 & 4 year olds to be big kinder kids is such a wonderful sight.

Let me introduce myself – my name is Megan Worley and I am the incoming President for 2011. I have a daughter (Sofia Trantino) in Starlings this year and have been a parent at the kinder with my son for the last two years. I know how it feels to be a brand new parent at a kinder, and the overwhelming feeling of knowing no one, so, I encourage you all to go outside your comfort zones and get to know your fellow kinder parents. A big smile and a big hello can do wonders to break the ice and spark up a new friendship!

I also know the feeling as I watched my baby boy graduate from his 4yr kinder with confidence, great fondness and wonderful memories of his kinder experience. These are moments not to be missed, so I urge you all to get as involved as you can in your child's kinder life. Kinder duty is a special time, you can observe and share with your child all the amazing discoveries kinder brings for their hungry little minds.

We are an independent community run kinder and I am proud to say we have a wonderful 2011 Committee of parents whom have already been working very hard behind the scenes – thank you! There is a great mix of Starling, Rosella and Lorikeet parents on the Committee. Every kinder group has at least two social reps so watch out everyone – it is going to be one fun year of activities for both little kids and big kids (aka parents) to go out and play!

Our inspirational teachers and assistants are

the heart of our kinder and have created a very relevant and amazing program for our 3 & 4 year olds. If you haven't already, you'll fall in love with East Beaumaris Preschool very soon!

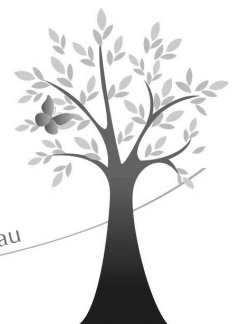
Welcome once again to all, and I look forward to seeing you all at our "Welcome Night" next Friday 25th February.

Megan
x



OUR FEET

Our feet were made for walking,
and thats just what they'll do.
But our feet still need protecting,
so please put us in 'closed toe shoes'.
Or maybe on those hot days,
we can use our 'velcro or buckle ups',
Yup I think that'll do.
You could maybe tie our laces,
and do up our buckles too.
Cause if our laces are untied,
or buckles left undone.
Then our free physical play,
will not be much fun.
We still love our trendy cros,
and thongs and slip on shoes.
But we gotta say they hinder play,
they fall off and slip too easily.
Now what rocks for kinder days,
what lets us have great free play
has to be those 'closed toe shoes'
and those 'velcro or buckled sandals'
Yup they keep us safe for our free play.





LORIKEETS AND ROSELLAS GROUP

Jenni Hawthorn and Barbara Hooper
(Four Year Old Group Teachers))

We warmly welcome you and your child to the
Rosella and Lorikeet Groups!

It has been a delightful start to the year for the
Rosella and Lorikeet groups. The children who
have spent last year in the 3 year old group have
had the opportunity to re acquaint themselves
with the preschool setting and to meet up with
old friends again, while our new friends are
getting to know everyone and learning their
way around their new surroundings. Everyone is
feeling very fresh and excited to be here.

During our first week we focused on creating the
routines of the program and allowing the children
to become involved in familiar activities, such as
playdo, simple puzzles and sensory activities.
This has allowed the children the opportunity to
focus on creating connections with new friends
and teachers and to explore their learning
environment with confidence.

In our small groups we spent time playing "get to
know you" type games, such as B B Bumble bee
and I wonder what your name is?, and discussing
the types of limits and expectations we have in
the group to ensure all children feel safe, play safe
and treat their friends in a respectful way.

Allergies in the Rosella group:

Two children have been diagnosed at risk of
anaphylaxis. Both need to avoid nuts and one also
needs to avoid seafood. Another child is Coeliac.

Together, we look forward to getting to know you
all as 2011 begins, and are keen to help create
strong connections between the preschool, the
children and families of the preschool.

Thank you,
Jenni and Barbara



UPCOMING LORIKEET AND ROSELLA EVENTS :

Picnic and Rock Rambling at Ricketts point
(notes went into pockets last week)

Labour Day Holiday

Rosellas - Grandparents and Special Friends Day
(more details to follow)

Lorikeets - Grandparents and Special Friends
Day
(more details to follow)

Last Day of Term 1

Dates to book into the calendar:

WELCOME NIGHT - February
BUNNINGS BBQ - May
TRIVIA NIGHT - June

More details will follow these and other
events closer to the time.

For now, please note these dates in your diary.



STARLINGS GROUP

Welcome: We have had such a wonderful
beginning together for the year; These early days
at preschool mark such a special time for us as
we begin to get to know your child and establish
some of important routines. To support your
child's transition, we are consciously tailoring
experiences to help children gain confidence in
their abilities, and encourage them to feel safe and
comfortable with staff, each other and their new
environment. We are already encouraging those
first social interactions between the children and
have deliberately selected experiences to foster
positive socialisation such as dress ups in the
home corner, fuzzy felt, the tactile experiences
of sand play, water play and play dough. At the
same time there are also activities such as puzzles,
painting and craft with pasting which allow
children to integrate into the group and socialize
at their own pace.

Routines and rituals: Routines and rituals are
important triggers for children. We have already
introduced our use of the tambourine to signal
'pack up time' along with various group time

*For any preschool information, updates, latest news
and events, don't forget to check out our website:*

www.eastbeaumarispreschool.com.au

and inside / outside rituals which will continue throughout the year. Furthermore, we understand for some children the toileting process is still an early skill being developed - so we build many 'little reminders' into our day to avoid any unnecessary accidents. Just remember to pack a change of clothes for those 'oops' moments.

Saying Good-bye: Don't hesitate to speak with me if you are having any difficulties with separation etc, perhaps I can make some suggestions, or simply be a supportive, listening ear. At home time, please bear with me as I learn who belongs to whom; it is one of those tricky parts of the job at this time of the year while I learn everyone's names. Also, a gentle reminder to all - please remember to follow your child's number line across the page in the sign-in / out book in the foyer to avoid confusion.

We look forward to sharing time with your child this year. We know it will be fantastic!

"Enjoy the Magic"

~ from Mrs Bec~



UPCOMING STARLINGS EVENTS :

Teddy Bear Picnic

- meet Kenji -

Family Picnic

- Pizza Night -

Incursion : Rain Haine & Shine

Mobile Animal Farm visit

Labour Day (no interruption to Starlings program)

End of Daylight Savings

(move clocks back 1 hour)

Term 1 Ends today



SOCIAL COMMITTEE

A big hello and welcome from the Social and Fundraising Committee. We have some wonderful events planned for the year ahead, and we look forward to a fun time together.

A taste of some things that will be coming your way during the year:

- *Easter Hop-A-Thon*
- *A raffle with a \$10,000 Myer Voucher first prize,*
- *Handmade jewellery for Mothers Day*
- *and so much more.*

More information will follow soon, but for now, please note below upcoming events :

- *February - Welcome Night*
- *May - Bunnings BBQ*
- *June - Trivia Night*

Our trivia night is our biggest fundraising event of the year. The success of this evening is greatly dependant upon the generous support of businesses & families. Should you be in a position to donate any goods, services or vouchers for our silent or live auctions, please contact your group social rep who will be so happy to discuss this further with you.

This year, we are lucky to be participating in the Scholastic Book Club. Twice each term you will receive the book catalogues in your child's pocket. If you would like to order any books please put your order form with the correct money in the black fee box. Look for due dates in the newsletter and on the notice board. Once the books have been received one of your group rep's will distribute them to you. Every order allows the teachers to choose free books for the kinder - wonderful!!

YOUR SOCIAL REPS FOR THE YEAR ARE :

ROSELLAS Delvene Beaumont
Jayne Harpley

LORIKEETS Courtney Bennell-Collins
Teresa Drummond
Ness Newell

STARLINGS Wendy Ovens
Dominique Sichlau

Looking forward to a terrific year!

NEWSLETTER INFORMATION

Please enjoy East Beaumaris Preschool's first monthly newsletter for 2011.
For our environment, all future newsletters will be available the second week of each month via email and on our website.
Copies will be available following the website posting, these will be placed alongside the sign in book for those without access to the internet.

Time to : Cook up a Storm!

REALLY EASY RISsoles

- 500g premium mince
- 2 medium onions
- 2 medium eggs
- 1TBS flour
- 1/4 cup tomato paste
- good handful chopped parsley
- bacon (optional)

Mix all ingredients, except for flour.
Divide into 8 even amounts and roll into balls binding with a small amount of flour.
Alternatively use the tupperware hamburger press & freezer mould, easier, quicker and less messy.
Freeze until ready or cook in fry pan or on barby until done.

Enjoy!

Fundraising Initiative

Dr. Alan Corin
M.Chiro ICSSD MCAA
Chiropractor



Have your Spine and Nerve System Checked at ChiroWorks and we will donate \$50 of your first consultation fee back to your Kinder. HICAPS accepted

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Dr. David Phan
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