



East Beaumaris Preschool
Tel: (03) 9584 9574

June 2011 NEWSLETTER

YOUR PRESIDENTS REPORT

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Happy Days

We are so excited with HUGE success of the Trivia Night held last Saturday night. We raised just over \$7,300!!!!!! **Yes, that's \$7,300!**

That fantastic result did not happen by accident. It was the result of so many contributors amazing time and effort given so freely to benefit our wonderful kinder.

Thanks to the families and businesses who donated goods to us. We had an abundance of wonderful donations that were very sought after! **A sincere and heartfelt thank you to the social committee who have put in an extraordinary effort to achieve a result we could only dream of.** And thanks to everyone who attended and participated on the night – it is with this great support that we could have such a wonderful result.

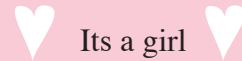
We all had a fun, loud and quite hilarious night where everyone walked away with goodie bags, gifts, prizes or hampers with oodles of fantastic goodies in them. We are hoping to put these funds towards a rejuvenation of the outside climbing area in the form of an adventure playground. Watch this space for more news on that in the coming months!

With Winter now upon us it is a good time to get stuck into some maintenance at kinder. It was such a brilliant result after the last Maintenance Day in Term 1, that we would absolutely love the same enthusiasm and positive "can-do" attitude from our kinder community. If you couldn't make

the last one, why not book in **Sunday 26th June @ 2-4pm** and have some fun at kinder. It is your child that benefits directly from your assistance on these days and we are so appreciative of your help.

Most of you probably know that I will be a little bit busy in the coming weeks nurturing my other special project (Project Baby), however please feel free to direct any queries to other committee members during that time.

Megan x
President – East Beaumaris Preschool



Its a girl

*Congratulations to Megan, Vito, Luke and Sophia
on the safe arrival of baby Madeleine Lucy*

If I am well, please send me to kinda
but if I am not, please keep me at home
I would like to be home to recover
I think I will feel much better much quicker
It's not much fun to pass on germs
And it's not much fun to have them returned.

We are learning the season is Winter
winter does mean it gets cold outside
So please dress us in our winter warmers
snuggly in our beanies, jackets and jumpers
We do love our outside play time
but it's not much fun if we can't keep warm.

xo



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Proactive Parenting: Childrens's Behaviour

We most often consider how to guide and change our children's behaviour when things are going wrong. It is important to have some consistent strategies that both parent and child are able to use and respond to consistently.

It is about what we do before things go wrong that is most helpful in setting up a household that reduces frustrations and some of the misbehaviours that occur at those times.

Proactive Strategies

- Ensure you have appropriate expectations of your children, don't expect too much too soon
- Limit TV and computer times
- Avoid each member of family having a TV and computer in their own room
- Try to have times such as meal times together for the family to chat and reflect about the day
- Ensure you are not rushing around too much, tiring yourselves and your children
- Avoid too many extra activities, particularly at the end of the day
- Ensure a regular bed time and consistent routines for bath and reading each day

Strategies for when things go wrong

'Chill out' time: Adults and children can sometimes benefit from having a bit of time away from a stressful situation or to calm down. 'Chill out time' involves perhaps moving a child to another area, or a certain space in a room where they can be on their own. It is not a form of punishment. 'Chill out' time stops the issue at hand and provides some opportunity for everyone to settle and calm reinforcement. Thinking of time out as 'chill out' helps to remove the humiliating and punishment aspects and provides time for changing the behaviour.

Take five !!: Giving ourselves time to think, to consider and to work out what might be best to do, requires time. One of the most simple and yet effective strategies is to count to five or ten, to buy yourself just a little bit of extra time in which to consider what to do.

Think and then act: Related to taking five is remembering that sometimes in the heat of the moment, we say things or do things we later regret. Trying to think about how you feel as well as the situation, can also provide a moment to make a more considered response.

Running its course: Often when siblings are fighting and arguing, we jump in and try to resolve or solve the problem for them. At times, it is a helpful strategy for children to attempt to work things out, to argue a bit or to have some conflict. Conflict is a part of life and learning how to deal with frustrations and how to work through issues is part of what it means to be a successful learner.

Distractions: A simple and effective strategy for young children, particularly under the age of 3 years, is to simply distract them from the issue that is causing the problem. Offering them something else to play with or somewhere else to play can be enough to distract the child from the issue.

Consequence rather than punishment: When you feel that your parenting needs support and you are not sure what else to do, always seek support and help from others. Remember, you don't have to be perfect and you don't have to cope on your own.

Early Life Foundations

Proactive Parenting Factsheet: <http://earlylife.com.au/info/node/20>

For more details about behaviour you can obtain a copy of Kathy's book 'What's the Hurry? : Reclaiming Childhood in an Overscheduled World' by Kathy Walker.



LORIKEETS AND ROSELLAS GROUP

Jenni Hawthorn and Barbara Hooper
(Four Year Old Group Teachers)

The program:

Autumn:

Autumn is all around us now, and this has been quite obvious to the children as they have played in the playground. The leaves on our beautiful liquid amber tree have been changing colour and falling to the ground. The children have loved raking the leaves into piles and jumping in them or tossing them in the air, or collecting them for our various autumn art activities. We have also noticed that our other big tree in the garden isn't losing its leaves. This led us to discussions about different types of trees i.e. the Liquid Amber is a deciduous tree, while our large gum tree is an evergreen tree.

Our room is now a reflection of the autumn season. The children have been involved in many autumn activities over the past weeks, using the leaves from our trees, and from those we have collected. Many of these activities have required the children to accurately cut out shapes using scissors, sew around shapes, use tweezers to pick up small objects and use their small finger muscles to manipulate clay. All of these experiences provide children with the opportunity to further develop their fine motor skills.

As the season has changed, so has the weather. The children have been actively involved in watching the weather each day and changing the pictures and words on our weather chart. We have also been focusing on the days of the week and looking at the calendar to learn about the days, weeks and months of the year.

Love letters from our mums:

We are really enjoying the beautiful letters our mums have written to their children. We all sit together quietly, listening to the wonderful memories of the children as babies, about the things the mums love to do for fun and about what the mums love about their children. We will keep these letters in a very safe place until they go into the children's portfolios for you to read and share together in the years to come.

Dentist Visit:

The children really enjoyed the visit from Andrea Beckman, a local dentist. She came to speak to the children about the types of foods and drinks that are healthy for our teeth, demonstrated on

a model how to brush our teeth correctly, about what to expect when you go to the dentist and told the children about the Tooth Fairy and what she does with the teeth she collects. The children were fascinated to know that she plants them in the sky and they become the stars we see at night.

Botanic Gardens Excursion:

It is always such a joy to visit the Royal Botanic Gardens, and this year was no different! The children were so excited about travelling on the bus and couldn't wait to get there. It is a wonderful program that the RMBG run for preschoolers as they have so many opportunities for hands on exploration of the gardens using all of their senses. We learned about worms and how important they are to keep our soil healthy and then had a really close look at them. The children had the opportunity to explore all the exciting smells in the herb garden and made a smelling bag to take home. We also searched for vegetables in the children's garden and potted up seeds to care. The children ran through the autumn leaves and enjoyed tossing them into the air. They fossicked under trees and collected lots of special things to put into their collecting bags. We saw some strangely shaped trees, a bee hive in a tree, a huge old palm tree and discovered the Bunya Bunya palm (a plant the dinosaurs used to eat).. We know the children will have many happy memories of this day and we can't forget a HUGE THANK YOU to the parents who came along with us and helped to make it such a special day!

Hey dee ho Music Program:

It is always such fun when Jill comes to visit. Most Mondays and Tuesdays the children will be heard asking 'is it Hey dee ho today?' Jill always comes along with her big basket, felt board and bags, and the children wait excitedly to see what wonderful new things she will take out for them to have fun with. She teaches them sign language which she incorporates into her introductory song and greetings in other languages. The children sing songs, play instruments, move around the room and dance together ... it is always such a fun time. Jill usually finishes off the session with a real favourite ... FUNKY TOWN! Just wait until you see it, it's lots of fun for everyone!

Dramatising sings and stories:

The children are enjoying acting out songs and stories recently. Some of the favourite songs the children like to act out are: Five cheeky monkeys jumping on the bed, Two fat gentlemen and Bugs and Beetles in my Garden. We have also been reading and dramatising books such as:



STARLINGS GROUP

It's wonderful reflecting on the many new adventures that unfold every time we meet. Here are some of our highlights...

Detective Work... After noticing a few children playing a game of detectives finding "clues" around the classroom, I decided to prompt their play further by using some props inside an explorer's bag. Using binoculars, magnifying glasses, a toy camera, a telescope, toy mobile phones, a clipboard and pens it was easy to stimulate & generate much interest. Stickers were hidden all around the classroom which became the focus for their play – looking to find and collect their "clues". It was fantastic seeing children support each other; some took a lead and guided others; new friends were invited to join in & importantly, children adapted the game to suit each participants play style.

Our IncurSION with Jack & Molly on 20th May was loads of fun! We enjoyed their interactive live musical theatre show, with simple songs, costumes & mimes exploring the theme of "things that fly". From my perspective, the success of the day was that every child had the opportunity to become involved. Children could identify with the content in the show helping them to remain interested. There were moments of comedy, blended well into their short stories and anecdotes. Jack played a variety of different guitars & Molly sang along with him all the time encouraging the children to become involved. We really did have a great day.

In response to their visit, our craft table was adapted to prompt children's thinking further about 'things that fly'. As an open ended activity, it was fantastic to see the many different ideas children were coming up with & as children worked alongside each other, they began to realise & discover all sorts of creative possibilities open to them for exploration.

Nature & Nurture... We have continued to celebrate the beauty of autumn, through discussions, miming experiences, dance & movement. Alongside this, we have also offered creative explorations and outside, we have led each child in a one on one hands-on experience of planting their own daffodil bulb. As our daffodils begin to grow, many explorations will emerge, so stay tuned!

Sensory Explorations... is a growing interest with the Starlings children. Children have enjoyed running their fingers through shaving cream on Perspex; using their whole hands to explore

Mrs Mopple's Washing Line and The Great Big Enormous Turnip. In many of these stories or songs the children have the opportunity to dress in costumes and act out the story for their very enthusiastic audience.

Outdoors:

The playground has also been a place of discovery for many children as they have explored the bushes and trees for small insects and bugs. We extended this interest to our indoor play where we created an imaginary play setting with insects in their 'natural environment' with magnifying glasses for the children to look more closely at the insects.

Emergency Evacuation Procedure Practises:

Both groups have recently conducted evacuations. It is interesting to note that we always find little issues that come up as a result of these. Usually they are things that are easily remedied such as attaching a pen to the attendance book for the 'roll call' and ensuring all exit doorways are cleared of furniture for an easy exit. We conduct these evacuations every term as it is a DEECD requirement, and to ensure all staff and children are aware of what they need to do in case of an emergency.

Kinder Photos

All families have now been emailed the link to view their child's kinder photos; we hope you are all very happy with the photos that have been taken. Please follow the directions Tuesday's Child Photography has given for placing orders.

Thanking you

Barbara Hooper and Jenni Hawthorn.



UPCOMING LORIKEET AND ROSELLA EVENTS :

TERM 2

June	Rosellas Queen's Birthday Holiday
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June	Rosellas and Lorikeets The Frugies
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July	Last Day of Term 2
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TERM 3

July	First Day of Term 3
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July	Rosellas and Lorikeets Dream Puppet Theatre Company
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August	Work Experience Student
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a 'slimey goopy' mixture set over bubble wrap; play dough set with various tools & props; finger painting at the easels & hand printing experiences using a mixture of various paint colours. As children immerse themselves into tactile activities such as these, they are learning much about their world. "Their senses are their most familiar, most basic way to explore, process, and come to understand new information...they are using their senses to collect data and from that, attempt to answer their own questions." (Amanda Morgan, www.notjustcute.com.)

Pyjama Day... on Friday 3rd June the Starlings Children were invited to wear their PJ's to kinder; a great way to kick off the new season of winter. During our session, the children particularly enjoyed being guided through an experience of meditation. With the use of relaxation music we rested our bodies on the floor, eyes shut, taking long deep breaths to slow our heart rate down – a great opportunity for children to learn how to control their bodies to become calm, peaceful & quiet.

On a personal note...

We are appreciative of all the community support - parent helpers attending each session, and also our wonderful committee of management. We are blessed at East Beaumaris Preschool to have such fantastic involvement because it allows a more dynamic and fulfilling experience to be created. Thank you.

We'd also like to congratulate the McBeth family. Belinda & Adam welcomed baby Micah Thomas into the world on May 30th – a precious baby brother to Jamie and Xavier.

It really has been a busy time for the Starlings, so I do encourage families to take a moment to look through our group journal; a wonderful opportunity to gain insight & reflect on the many learning experiences that unfold each day. So, until next time...

"Enjoy the Magic"
~ from Mrs Bec~



IMPORTANT DATE FOR STARLINGS DIARIES:

TERM 2 (WINTER)

June	Queens Birthday (no impact to Starlings program)
June	Grandparents/Special Friend's Day for Starlings (stay tuned)
July	Term 2 Ends

*Other inclusions may arise as children's interests emerge.

**SOCIAL & FUNDRAISING
COMMITTEE**

Firstly, a very BIG THANK YOU to all of the volunteers that gave up their precious time to work at the Bunnings Sausage Sizzle. Thankyou also to the many of you who came down to say hello and buy a sausage! We all had a wonderful day and can confirm the kinder made a profit of \$1,264!! What a success!

Another success story this month is of course our Trivia Night. What a terrific night! Everyone who won something, bought something, and came along had lots of fun and was very happy with the goods they went home with.

We all had a great night and helped make the kinder a profit of \$7,325!! I'm sure you'll agree an awesome effort so thank you to everyone involved!

Now we all sit tight and await the drawing of the Caring For Kids (KPV) Raffle. The raffle is drawn on the 24th June so keep everything crossed that you have the lucky ticket. We do appreciate you taking the time to buy and sell the tickets so another thank you, the total funds raised for the KPV raffle was \$808, a fantastic effort.

Last week, 6th - 10th June, we had the book fair before and after kinder sessions. A huge THANKYOU to everyone who brought books. We sold \$606 worth of books which means the teachers are able to choose \$90 worth of free books for our children. This is a fantastic effort and we appreciate your continued support.

With so many wonderful things happening, we are slowly building up a pool of money towards a brand new playground. This is very exciting and we will keep you informed as we know more.

Time now for a fundraising break, ahhhh.

Until next term, from your social reps

YOUR SOCIAL REPS FOR THE YEAR ARE :

- | | |
|-----------|--------------------------|
| ROSELLAS | Delvene Beaumont |
| | Jayne Harpley |
| LORIKEETS | Courtney Bennell-Collins |
| | Teresa Drummond |
| | Ness Newell |
| STARLINGS | Wendy Ovens |
| | Dominique Sichlau |

THINGS WE NEED PLEASE:

Wood off-cuts
e.g. from Mitre Ten

Dress ups
e.g. nighties, old ballet
or calisthenics costumes

Boxes

Milk cartons
washed and dried please

Meat trays
colour white

Large polystyrene blocks
e.g. from new tv, fridge etc

Please clearly label all payments that go into the black box at kinder with the following details :

- Childs Name
- Parents Name
- Quantity of money enclosed
- Payment type eg. chq, cash
- Please also ensure you make a note of what the money is for.



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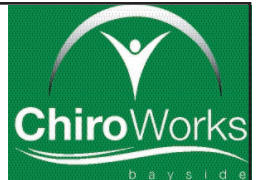


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from the staff at Mentone Branch

please note a change to the:
WORKING BEE DATES 2011

Term 2 - 26th June
Term 3 - 18th September
Term 4 - 27th November

-a place to grow-

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